

JOHANNESBAD

★★★★ Hotel
ST. GEORG

BEAUTY, WELLNESS & HEALTH

Time to feel good





SKIN CARE PRODUCTS

by Phytomer and Dr. Grandel

Place your well-being in our hands and let your soul soar. Exclusive care products combined with selected treatment methods make facial & body care a pure enjoyment.

PHYTOMER

Unique cosmetics with active marine ingredients

Only sea water contains 104 trace elements essential for our well-being. These are especially important for radiantly beautiful skin and a firm, slim figure. Phytomer has, therefore, selected concentrates from sea water, marine spring water, algae, and sea mud as the main ingredients for the complete care product line in order to efficiently combat cosmetic problems.

PHYTOMER has been in the service of providing beauty for over 45 years: there is no need for man to create what nature has already created. Phytomer creates the beauty of the future.

WHY YOU SHOULD CHOOSE PHYTOMER PRODUCTS

- Phytomer carefully and respectfully handles resources from the sea
- Phytomer is No. 1 throughout the world in the Thalasso sector
- Unique extraction technique, with which all active ingredients from the sea remain intact
- No animal testing or animal products
- 100 % natural marine and plant ingredients
- In-vitro test on cell cultures
- Dermatologically tested care products (safe and effective)

PHYTOMER





VIE COLLECTION

Aesthetic-medical technology with a visible result: established as the ultimate anti-aging luxury care line for men and women.

Since 2010, a research team consisting of cosmetic physicians, dermatologists, scientists, and biologists have worked together and have become anti-aging experts. State-of-the-art and always up-to-date with the most recent research, VIE COLLECTION takes on a role as a pioneer in aesthetic-medical technology, which is used exclusively in beauty institutes.

With the products of the VIE COLLECTION, a highly effective line that fights the signs of skin aging is offered. Inspired by aesthetic medicine, only the best ingredients are used. The elaborate formulas yield visible, measurable results that are medically proven.

Professional know-how + specialists for dermo-cosmetics = guaranteed effectiveness.



DR. GRANDEL

Perfection that touches

The combination of selected active ingredients from nature and innovative high-tech processes leads to highly effective products with the best compatibility and perceptible reliability.

DR.GRANDEL
KOSMETIK





VIE - FACIAL TREATMENTS

Try the esthetic treatments for more youth

3 DIMENSIONS RIDES SPECIAL ANTI-WRINKLE TREATMENT INSPIRED BY COSMETIC SURGERY	ca. 75 min	94,- Euro
---	------------	-----------

Developed from close collaboration with the cosmetic medical sector, this treatment is inspired by Botox injections to soften facial expressions and reduce wrinkles. The effect is enhanced with hyaluronic acid to fill in wrinkles. Like with a surgical facelift, the treatment is topped off by a special tightening & modeling of the facial contour. Wrinkles are reduced, the skin is smoothed, and the facial outline is reshaped.

RETINOPUR 30 % PEELING FACIAL PEEL WITH GRADUAL CELL REGENERATION THE AHA-BHA FRUIT ACID PEEL FOR SKIN RENEWAL WITH A MEDICAL BASIS	ca. 60 min	77,- Euro
--	------------	-----------

This treatment consists of a chemical facial peel. A variety of fruit acids guarantee optimal cell regeneration. With least possible irritation, a complete renewal of the skin surface will be achieved. Skin imperfections, blackheads, acne, large pores, pigment spots and signs of aging will be corrected.

3 DIMENSION YEUX SOIN CIBLÉ YEUX 3D EYE CARE - TARGETED CARE WITH 3-PART CORRECTION	ca. 30 min	44,- Euro
--	------------	-----------

The anti-aging module with medical inspiration especially for the smoothing and rejuvenation of the eye contour. With a plastifying mask and refreshing massage of the area around the eye, the eyelid will be smoothed and tightened. Bags and dark circles around the eyes will diminish. The entire eye area will be rejuvenated by the smoothing of wrinkles. Effective, nourishing and long-lasting

in combination with a facial treatment		plus 28,- Euro
--	--	----------------

PHYTOMER - FACIAL TREATMENTS

For ladies and gentlemen

EYELASH COLOURING		16,- Euro
EYEBROW COLOURING		13,- Euro
EYEBROW SHAPING		11,- Euro
EYEBROW / UPPER LIP / CHIN WAXING		11,- Euro
EYE MASK / FACE MASK / SPECIAL MASKS (only possible in Combination)		from 12,- Euro
AMPULLE BY DR. GRANDEL (only possible in Combination)		12,- Euro
SOIN PIONNIER RÉVÉLATEUR DE JEUNESSE	ca. 90 min	122,- Euro
ANTI-AGING PREMIUM TREATMENT FOR FACE, LIPS AND DÉCOLLETAGE		
<p>With 100 % natural active ingredients, a professional wax mask and the firming lotion, this treatment results in youthful, firm and radiant skin. The unique facial modellage, especially developed by an osteopath, rounds off the effect of the products perfectly. With this treatment you will shine, after your wellness holiday, at home with a great look.</p>		
INTENTION JEUNESSE	ca. 90 min	115,- Euro
ANTI-AGING CARE - THE ANSWER TO THE SIGNS OF THE TIMES		
<p>The ultimate treatment for the preservation of a youthful appearance. With extremely powerful marine active ingredients. A gentle microdermabrasion complemented by professional acid peels creates this „immediate effect“.</p> <p>The special, highly concentrated, active agent ampoules ensure a lasting effect.</p> <p>Double anti-aging effect - less wrinkles, more firmness.</p>		
PERFECT RESULT IN COMBINATION WITH THE “PERFECT REGARD“		plus 28,- Euro





PHYTOMER - FACIAL TREATMENTS

For ladies and gentlemen

OLIGOFORCE LUMIÈRE: FOR THE LIGHTNING OF PIGMENTED SPOTS AND WRINKLE REDUCTION	ca. 90 min	115,- Euro
<p>The treatment for transformation of the skin. The objective of this treatment is to combat all skin imperfections: reduction of pigmented spots, smoothing of wrinkles, and a radiant complexion. The comprehensive treatment smooths the skin and with a mechanical peel and chemical peel, it optimally prepares it for the application of high-tech ingredients that will follow. With an innovative sheet mask, this treatment will make the skin look even and flawless so that it glows once again.</p>		
CITADINE: DETOXIFICATION TREATMENT FOR SHINY SKIN & A DULL COMPLEXION COMBATS THE EFFECTS OF ENVIRONMENTAL POLLUTION ON THE SKIN	ca. 75 min	89,- Euro
<p>Comprehensive skin care for city dwellers and people exposed to urban pollution. Shiny facial areas, a dull complexion, impurities can be easily removed with this treatment. The skin is clarified, detoxified and supplied with oxygen. For a clear, fresh, porerrefining complexion.</p>		
with removal of skin impurities	ca. 90 min	105,- Euro
HYDRA BLUE: REFRESHING MOISTURIZING TREATMENT	ca. 75 min	89,- Euro
<p>Optimal combination to detoxify the skin, enrich it with oxygen and at the same time to replenish and nourish the skins moisture reservoir with weaving algae. The skin is hydrated, tightened, velvety soft and supple.</p>		
with removal of skin impurities	ca. 90 min	105,- Euro

DOUCEUR MARINE APAISANT: CARE FOR SENSITIVE SKIN AND COUPEROSIS

ca. 75 min

89,- Euro

A marine alternative for beautiful, carefree skin: woman and men with extremely sensitive skin find it difficult to fully express their beauty. For them, Phytomer has developed a range of care products which soothe, repair and strengthen even the most sensitive, allergy-prone skin. The treatment with active ingredients such as saltwater and coral concentrate soothes the skin, reduces redness and flushing and strengthens the blood vessels in those with couperose. The sensitivity of the skin is reduced and the skin's own defensive function is strengthened.

SOIN ACNIPUR: ACNE TREATMENT - ALSO FOR TEENS

ca. 60 min

71,- Euro

A lasting solution for a great skin appearance: If the sebaceous gland function is out of balance, skin problems such as shiny facial areas, cloudy complexion, blackheads and acne appear. This is no longer a problem with the Acnipur treatment - it has a deep cleansing, anti-inflammatory effect and leaves behind a clear, matte complexion.

PERFECT REGARD: EYE TREATMENT FOR A RADIANT LOOK

ca. 30 min

44,- Euro

This expert care for the eye area combines targeted effectiveness and absolute relaxation. The combination of invigorating sculpting with the smoothing care products delivers immediately visible results. The wrinkles of the eye area are tightened and crow's feet, dark circles and bags under the eyes are treated. The result is a relaxed, lively and fresh appearance.

Perfect combination during a facial treatment

28,- Euro





FACIAL TREATMENTS

Massages

FACIAL MASSAGE INCL. CLEANING

ca. 25 min

38,- Euro

The sensation of touch on the skin alone is very beneficial. It is our largest organ with countless sensory cells. Facial massages give a radiant complexion and a relaxed expression. The skin is better supplied with blood, swelling is reduced and small wrinkles can be temporarily reduced.

Recommended: the combination with a Dr. Grandel ampoule specially tailored to your skin type and/or a subsequent facial mask
or

plus each 12,- Euro

Special face mask incl. final care (special serum with alginate, warm wax or powder mask)

plus 28,- Euro

ENERGETIC FACIAL LYMPH DRAINAGE INCL. CLEANING

ca. 25 min

38,- Euro

Through this special facial massage with selected suction cups, deposits are reduced and waste products and toxins are better removed. The treatment removes blockages and has a refreshing and invigorating effect. The skin and the underlying tissue are activated, tightened and rejuvenated. Problems such as wrinkling or the formation of bags under the eyes are specifically treated. Your skin becomes visibly more supple, velvety and nourished.

Recommended: the combination with a Dr. Grandel ampoule specially tailored to your skin type and/or a subsequent facial mask
or

plus each 12,- Euro

Special face mask incl. final care (special serum with alginate, warm wax or powder mask)

plus 28,- Euro

TREATMENTS FOR HANDS & FEET

For ladies and gentlemen

MANICURE WITH NOURISHING HAND BATH AND FINAL CARE 33,- Euro

PAINTING OF FINGERNAILS / TOENAILS 7,- Euro

PEDICURE / FOOT CARE WITH HERBAL BATH AND FINAL CARE 44,- Euro

PARAFFIN BATH FOR HANDS OR FEET ca. 30 min 28,- Euro

The result of this treatment is wonderfully smooth hands and feet with soft, supple skin. Especially also for people who have to fight with cracked, brittle or dry skin - a real miracle cure.

in combination with a pedicure or manicure 23,- Euro

ALKALINE: FOOT PEELING WITH FOOT BATH AND CARE LOTION ca. 30 min 35,- Euro

The secret of health and beauty through alkaline body care is based on centuries of tradition and was already known in ancient Egypt. A soothing alkaline foot bath not only supports the body's own acid and toxin excretion, but also promotes active cell protection and restores the acid-alkali balance in the body.

DEPILATION (HAIR REMOVAL WITH WARM WAX)

Upper lip / chin from 11,- Euro

Armpit or bikini line from 21,- Euro

Back or chest from 35,- Euro

Legs to knee 35,- Euro

Legs complete 52,- Euro



You will fully relax and sure you ´ll admit that this is a massage, that should be part of the list of wonders in the world.

OUR
ADVICE

OLIGOMER® SPA

Holistic, restorative body care
with peel and massage

A holistic journey into the world of the DNA of the sea. This deeply relaxing and revitalizing treatment combines a peeling with a unique massage with oligomer.

Oligomer is a seawater concentrate that contains 104 trace elements essential for the balance and vitality of the body.

THE RITUAL begins with a creamy sea peeling, that prepares the skin optimally for the highlight:

A special relaxing massage with an oil containing trace elements, that supplies the body with minerals and new energy.

Specially developed by an osteopath, the massage reaches holistically from the tips of the toes to the roots of the hair.

A grip in the right place and a massage with the perfect pressure, the right technique and full comfort immediately show its positive effect on body and mind. In the end you will experience an intense feeling of well-being, full of new energy.

ca. 100 min

115,- Euro (incl. post rest period)

A peeling is only recommended once a week. If you still want to enjoy this treatment more often, reserve this pleasure from the 2nd treatment without peeling:

ca. 75 min

92,- Euro (incl. post rest period)



BODY TREATMENTS

Peels

VOILE DE SATIN: FULL BODY PEEL WITH FIRMING SEA SALT

ca. 45 min

53,- Euro

Relaxing and firming peel with oligomer and sea salt crystals.

The dead skin cells are gently removed and the skin is supplied with minerals.

The skin looks refined and feels soft and smooth.

Also ideal as preparation for any further body treatment.

FULL BODY PEEL WITH FIRMING SEA SALT AND FOLLOWED BY A RELAXING WRAP IN THE SOFTPACK

Enjoy our relaxing wrap in the unique Softpack bed (see description on p. 13):

Evening primrose oil

ca. 80 min

91 ,- Euro

Obtained from the evening primrose, this oil contains valuable omega-3 fatty acids, which nourish the skin particularly by moisturizing and replenishing oil. Especially recommended for very sensitive skin, neurodermatitis, psoriasis or dry skin.

Cleopatra bath

ca. 80 min

89 ,- Euro

With this wrap, specially selected oils are mixed with goat's milk and a care cream and applied. This intensive care has a cleansing, remineralizing effect on the skin and restores the skin's natural acid mantle.

JAMBES LÉGÈRES: COOLING LEG AND VEIN TREATMENT

ca. 40 min

51 ,- Euro

The remineralizing sea peel provides good blood circulation and prepares the skin ideally for the refreshing and cooling gel wrap. This supports the blood circulation and has a relieving effect and reduces swelling. The treatment provides relief for heavy legs and a swollen feet.





BODY TREATMENTS

Detoxifying and fat burning

SCULPT ZONE (BELLY / LEGS / BUTT): SLIMMING AND CELLULITE TREATMENT

ca. 75 min

93,- Euro

For slimming in record time: more than 1 cm smaller waist circumference after only 4 treatments. The warming shaping wrap allows unattractive fat pads to “melt“. The following slimming massage has a long-lasting sculpting effect. The result: less visible cellulite, smoother problem areas and less stubborn fat deposits.

COCON MARIN MINCEUR: DETOXIFYING SLIMMING ALGAE WRAP

ca. 60 min

79,- Euro

Feel light and relaxed like on a cloud: Full-body algae wrap in a warm cocoon with figure-improving, fat-cleaving active substances from the sea to support the elimination of toxins, the degradation of fats and the strengthening of the tissue.

RELAX DOS: BACK SCULPTING WITH SELF-WARMING SEA MUD

ca. 45 min

57,- Euro

For more well-being, relaxing, detoxifying and remineralizing for the whole organism: back peeling; special serum for the skin; self-heating and relaxing algae wrap for the spine.

BODY WRAPPING

ca. 60 min

59,- Euro

A specially developed cellu-gel with 35 essential oils literally heats up your fat cells and restores the connective tissue to vitality.

In combination with a special stretch film, the cellu-gels have a fat-burning, blood circulation-promoting, purifying and connective tissue tightening effect.

with additional upper arm lift

plus 12,- Euro

BODY TREATMENTS

in the Softpack

On the floating thermal bed, surrounded by warm water, it is easy for the body to let go and relax. The bed adapts to the spine. This enhances the feeling of floating. The applied essences are particularly well absorbed by the gentle water pressure and heat.

CLEOPATRA BATH IN A SOFT PACK - PROTECTIVE

38,- Euro

Specially selected oils are mixed with goat's milk and a care cream and applied. This intensive care has a cleansing, remineralizing effect on the skin and restores the skin's natural acid mantle.

EVENING PRIMROSE OIL BATH IN A SOFT PACK - PROTECTIVE

43,- Euro

Obtained from the evening primrose, this oil contains valuable omega-3 fatty acids, which nourish the skin particularly by moisturizing and replenishing oil. Especially recommended for very sensitive skin, neurodermatitis, psoriasis or dry skin.

SEA SALT WRAP IN A SOFTPACK - DETOXIFYING

38,- Euro

The purification and detoxification of the body is accelerated, the metabolism is stimulated. The salt content in the cells is balanced. The body is filled with energy.

HAY SOFTPACK - HEALING

43,- Euro

In a bed of damp hay you will be covered with a impregnated fleece. Particularly good for rheumatic diseases and muscle tension.

MUD SOFTPACK - HEALING

47,- Euro

Moor mud has a loosening effect on muscles, stimulates circulation, relieves cramps, activates metabolism, inhibits inflammation and has a deep effect. It is therefore especially recommended for rheumatic diseases and tensions.





BEAUTY & SPA PACKAGES

Individual and carefully matched applications

(Personal, non-transferable)

BEAUTIFUL FROM HEAD TO TOE

instead 299,- Euro only 269,- Euro

- 1 x Pedicure with herbal footbath
- 1 x Manicure with nourishing hand bath
- 1 x Full body peel with firming sea salt and relaxing wrap in the Softpack bed
- 1 x Relaxing facial treatment (ca. 90 min), specially adapted to your skin type
- 1 x Perfect Regard: Eye treatment during facial treatment

TREAT YOURSELF

instead 210,- Euro only 189,- Euro

- 1 x Pedicure with herbal footbath
- 1 x Manicure with nourishing hand bath
- 1 x Relaxing facial treatment (ca. 90 min), specially adapted to your skin type
- 1 x Luxury for the hands: Hand mask and soothing paraffin wrap

SIMPLY LET GO

instead 170,- Euro only 153,- Euro

- 1 x Relaxing facial treatment (ca. 75 min), specially adapted to your skin type
- 1 x Voile de Satin: Full body peel with firming sea salt
- 1 x Luxury for the hands: Hand mask and soothing paraffin wrap

DETOXIFICATION MADE EASY

instead 351,- Euro only 316,- Euro

- 3 x Cocon Marin: Full body algae wrap in warm cocoon for detoxification, tightening and drainage
- 3 x Sea salt wraps in a softpack bed

DETOXIFICATION FROM HEAD TO TOE

instead 184,- Euro only 166,- Euro

- 1 x Citadine: Detoxification and oxygen facial treatment (ca. 90 min)
- 1 x Cocon Marin: Full body algae wrap in a warm cocoon for detoxification, tightening and drainage

POWER FOR THE FIGURE: CELLULITE KILLER

instead 456,- Euro only 410,- Euro

- 3 x Sculpt Zone (Belly/Leg/Butt): slimming and cellulite treatment
- 3 x Body Wrap: Cellu-gel treatment with fat-burning, detoxifying and moisturizing treatment and tightening effect





WELLNESS AND HEALING MESSAGES

From classic to special

TRADITIONAL MASSAGE

The full body or back massage is used to mechanically influence the skin, connective tissue and musculature by stretching, pulling and pressure.

back	ca. 25 min	33,- Euro
full body	ca. 50 min	63,- Euro

FOOT REFLEXOLOGY MASSAGE

ca. 25 min 35,- Euro

Organs, lymph and nervous system can be stimulated and positively influenced on our feet. It improves blood circulation, releases congestion and blockages and the energetic system is harmonized.

BREUSS - MASSAGE: FOR RELAXATION, REGENERATION & PREVENTION

ca. 25 min 35,- Euro

The spine is strengthened by gentle stretching. St. John's wort oil is massaged in for nerve and intervertebral disc regeneration and displaced vertebrae are painlessly re-adjusted.

MANUAL LYMPHATIC DRAINAGE

ca. 25 min 35,- Euro

Gentle massage for the face and body with better drainage of tissue fluid. Optimal for blockages, heavy or overstrained legs, after operations and in case of nerve-related disorders.

ca. 50 min 67,- Euro

FOOT AND LEG MASSAGE

ca. 25 min 37,- Euro

Soothing massage with the special "Alpenglügen" oil with the power of alpine herbs. Mountain pine, peppermint, rosemary, juniper, hay flower and edelweiss oil unfold the scent of the Alps on your skin and restore your tired legs to health.

ENERGY TREATMENTS

AROMATIC OIL MASSAGE

ca. 25 min

35,- Euro

Choose from the high-quality massage oils and enjoy a relaxing and soothing massage with ethereal benefits.

ca. 50 min

67,- Euro

HOT STONE

ca. 75 min

95,- Euro

The Hot Stone Therapy is a fascinating combination of massage, energy work and the soothing effect of warm stones. Through the use of natural lava stones, deep relaxation and warming of the muscles and skin are achieved. Thus the whole organism is flooded with new vitality and energy.

THAI MASSAGE

ca. 55 min

70,- Euro

The traditional Thai massage is a combination of acupressure, stretching, energy work and meditation. These movements increase flexibility and the joy of movement, facilitate the energy flow of the body, help to release physical and emotional tensions and blockages and to rebuild the body's harmony.

SINGING BOWL THERAPY

ca. 25 min

35,- Euro

Sonic vibrations release blockages and help the body to let go. Tensions are released. This can also alleviate headaches and circulatory problems. Self-healing is stimulated.

ca. 50 min

67,- Euro

MOXA THERAPY

ca. 25 min

35,- Euro

By applying the burning moxa stick indirectly to the body, self-healing powers are mobilized. This relieves pain, activates the immune system and prevents diseases. It is used to treat scar tissue. (back, feet and legs are possible.)





HEALTH TREATMENTS

ENERGY THERMAL BATH (RADON)

ca. 20 min

25,- Euro

The body's defence system is stimulated and the natural warmth promotes blood circulation and treats complaints of the musculoskeletal system as well as the skin and respiratory tract. (Any additional baths require a medical prescription.)

FANGO PARTIAL WRAP

Standard: 2-part

22,- Euro

This treatment activates metabolism, stimulates circulation, loosens muscles and relaxes. An effective heat therapy, recommended for rheumatic and gynaecological complaints.

Deluxe

30,- Euro

EAR CANDLE THERAPY

32,- Euro

During the slow burning of the ear candles, which are made of beeswax, the pressure develops in the ear will be reduced, which causes a noticeable pressure regulation and a liberating feeling in the area of head, forehead cavities, sinuses and ears. The pleasant warmth generated during the burning process stimulates blood circulation and lymph flow.

LIVER WRAP

20,- Euro

The liver wrap is a useful detoxifying agent, which leads to a significant improvement of blood circulation in the liver. Activation of the body's excretory organs is absolutely necessary for this. The liver wrap is a well-tried method that provides natural support. It is best to use the liver wrap before lunch, but it can also be done at any other time of the day.



If we are incapable of finding peace in ourselves, it is pointless to search elsewhere.

THE WELLNESS PACKAGE

Allow yourself a break!

(Personal, non-transferable)

OUR SERVICES:

- 1 x moor mud wrap (ca. 25 min)
- 1 x relaxation massage (ca. 25 min)
- 1 x foot reflexology massage (ca. 25 min)

Instead of 90,- Euro only 81,- Euro

THE MASSAGE PACKAGE

Put yourself in the hands of the pros.

(Personal, non-transferable)

OUR SERVICES:

- 5 x classic back massage (ca. 25 min)

Instead of 165,- Euro only 149,- Euro

- 5 x classic full body massage (ca. 50 min)

Instead of 315,- Euro only 284,- Euro

HEALTH IS OUR LIFE.



A hotel of the Johannesbad group.
www.johannesbad.com

INDIVIDUAL ADVICE AND LASTING CARE

As a gift for your loved ones or as care products to take home with you. We can also send you your products by mail. We will put together an individual beauty program for you and we will be happy to advise you, based on your particular skin type.

Appointments:

Tel. +43 6432 6100 - 370
beauty.stgeorg@johannesbad.com

Appointments may be changed up to 24 hours prior to treatment. Otherwise the entire price will be charged.
The treatment times include the change of clothes, so please arrive in your bathrobe if possible.
In case of delay, the treatment time must be shortened accordingly.

Johannesbad Hotel St.Georg

Dr.-Zimmermann-Str. 7 | 5630 Bad Hofgastein, Österreich | www.stgeorg.com
Tel. +43 6432 6100 | Fax +43 6432 6100 - 61 | info.stgeorg@johannesbad.com
Palace Gastein Hotel Betriebsges.m.b.H. | Alexander-Moser-Allee 13 | 5630 Bad Hofgastein, Österreich

With the publication of this price list all previous price lists lose their validity. Status: 2020/7